

## Provision Stencil

<b>Partner Name:</b>	Blackburne House
<b>Provision Title:</b>	Level 1 Award in Stress Awareness
<b>Partner Address &amp; Telephone No:</b>	Blackburne House Group Blackburne Place Liverpool L8 7PE
<b>Partner Contact Named Person</b>	Danielle Parle
<b>Referral Arrangements (Tel No. &amp; Contact Name if different):</b>	0151 709 4356 ext' 2231
<b>E-mail address of contact:</b>	danielleparle@blackburnehouse.co.uk
<b>Hours, Days and Duration of programme:</b>	4 weeks @ 1 day per week – <b>Start</b> – 9:30am <b>End</b> – 4:30pm Group 1 - Tuesday Group 2 - Friday
<b>Start Date of Programme</b>	<b>Group 1 - Tuesday 13<sup>th</sup> August</b> <b>Group 2 – Friday 16<sup>th</sup> August</b>
<b>End date of Programme (if known)</b>	<b>Tuesday 3<sup>rd</sup> September</b> <b>Friday 6<sup>th</sup> September</b>
<b>Will travel/childcare be paid by Provider:</b>	No
<b>Delivery Location for provision:</b>	Blackburne House Group Blackburne Place Liverpool L8 7PE
<b>Eligibility:</b>	19+ Must be 19 by 31 <sup>st</sup> August 2018. Living in UK for 3 years or more or permission to stay. Eligibility checks will be completed before onset of their programme
<b>Please detail below the specific course details including content/ qualifications/restrictions:</b>	

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This qualification aims to improve learners' understanding of stress. They will look at the causes of stress and the effects stress can have on health. They will also learn to recognise the signs and symptoms of stress and look at ways of preventing or reducing stress.

**PLEASE NOTE – we are a women's Education establishment. If you have males who you think would benefit from the course, please contact us directly prior to referral.**